norag. This is a heavy wooden seat, supported on a rough chassis and moving on three axles armed with eleven solid sharp-edged discs for breaking up the straw. The driver sits in the chair and guides the *gamoossa* round in a circle over the ears so that the discs chop them up, while another worker throws fresh stalks under the machine. The *norag*, which is peculiar to Egypt, costs about L.E. 8. An even simpler variety without the cutting discs averages L.E. 3.

Winnowing is done, as in most Mediterranean countries, by throwing the chaff which contains the corn into the air in the direction of the wind, after it has been trampled and chopped up For this the fellaheen use a two- or four-pronged wooden fork, called a *garuf*. With one *norag* and several *garufs* they can deal with the produce of about 25 feddans.

Last of all the grain is sifted in large sieves by the women and put into sacks, jars or baskets, ready for sale.

D. Berseem

In summer cattle are fed either on chopped straw mixed with beans, or on barley ; but in winter they live on *berseem*, an Egyptian species of clover (*trifolium alexandrinum*). *Berseem* is cultivated everywhere and covers a fifth of the total acreage, for it nourishes the ground as well as the cattle by absorbing the nitrogen from the air into the soil. It provides excellent forage, grows quickly and brings good returns for a minimum of work. The fellaheen sow it between September and November, often after maize, cotton or rice, and before taking away the old stalks which serve to protect the seedlings. After fifty days or so it is ready for a first cutting, followed by four more at intervals of 35 days; the cattle graze on it as it grows Two thirds of a feddan will feed a *gamoossa*, or a quarter of a feddan a donkey, for one season.

E. Other Food Crops

There are a number of other foodstuffs which are produced by the fellah's labour from the soil of Egypt. It will suffice to mention the most important.

Rice was brought from India under the Caliphs, and is cultivated in the well-watered regions of Damietta and the Northern Delta.